



[www.whiteribbon.org.nz](http://www.whiteribbon.org.nz)

## Wellington White Ribbon Fun Run Friday 25 November 2016

Thank you for taking part in this White Ribbon Day event. Men like you are changing attitudes to violence against women and helping to encourage respectful relationships. You are also providing positive role models and leadership by being part of a campaign to end violence against women.

Description of event: This is a team event where men hold a long white ribbon (provided) and run along a pre-determined route through the CBD in Wellington. The aim is to demonstrate that men want to help end men's violence towards women.



### Race detail and information:

- Teams can have up to ten people (this is a guide)
- The run will go ahead whatever the weather unless the conditions make it dangerous. Cancellations will be on the radio and contact people for each team will be called and emailed
- Teams meet 11.30am outside the Beehive on Parliament Grounds
- Volunteers will brief the teams and check that teams have the correct number. Any extra men will be merged into other teams
- The first teams will leave at 12 noon and run/walk on Lambton Quay. The run will follow Lambton Quay into Willis Street and turn left onto Mercer Street and into Civic Square. It should take approximately 8 minutes per team
- The main roads through the city will be closed between 11.50am and 12.20pm. If your team has not finished by 12.20pm **please go onto the footpath and walk the rest of the way** to Civic Square
- Many teams choose to wear their identifying t-shirts or uniforms, which is great for the public to see who is participating
- All teams will be provided with white ribbons for their clothes and a large cloth ribbon to hold as they run. The team must all hold onto this ribbon as they run
- An ambulance will be on standby at the event
- The Run ends at the entrance to the Civic Square. Staff will collect the large ribbons and there will be time to mingle and have photos taken.
- The event will conclude with a guest speaker presentation, participants are encouraged to stay for acknowledgements of runners, sponsors and organisers
- Have you considered using your participation in the Fun Run to raise funds for White Ribbon? [Click here](#) to find out how to use [everydayhero](#) to fundraise. It's a fun way to help the causes you love.